

Appendix I

We kindly ask you to answer the following questions and statements. By doing so you contribute to a better scientific understanding of associations between modern working life and health. Thank you in advance!

1.	What is your year of birth?	year: _____
2.	What is your sex?	female <input type="checkbox"/> 1 male <input type="checkbox"/> 2
3.	How many total years of school (including college) education do you have?	years: _____
4.	What is your current employment situation?	employed..... <input type="checkbox"/> 1 self-employed..... <input type="checkbox"/> 2 looking after the family/home <input type="checkbox"/> 3 unemployed..... <input type="checkbox"/> 4 retired <input type="checkbox"/> 5 other <input type="checkbox"/> 6 ▼ (please specify)
	other: _____	
5.	What is your main job? If you are retired, please refer to your last job before retirement. <i>Please specify your job title as precisely as possible</i>	_____
6.	In which sector is your current job?	public sector <input type="checkbox"/> 1 private sector..... <input type="checkbox"/> 2
7.	How many years have you worked in your current job?	years: _____

8. Apart from your main job, do you have any other paid jobs?

no 0

yes..... 1

**9. In total, how many hours a week do you spend working for pay?
Please include regular hours overtime.**

hours: _____

10. Do you perform shift work?

no 0

yes, but without nightshift..... 1

yes, with nightshift..... 2